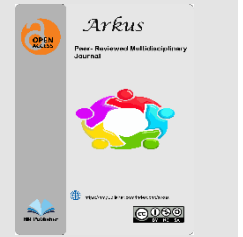




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## Analysis of the Role of Premarital Guidance in Building Adolescents' Marriage Readiness: Study in Liunggunung Village, Purwakarta Regency, Indonesia

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### ABSTRACT

Marriage is one of the important events in human life. Therefore, marriage readiness is an important thing to pay attention to, especially for teenagers. Premarital guidance is one effort to increase teenagers' marriage readiness. This research aims to analyze the role of premarital guidance in building adolescent marriage readiness in Liunggunung Village, Purwakarta Regency, Indonesia. This research uses a qualitative approach with a case study method. The research subjects were 10 teenagers who had attended premarital guidance in Liunggunung Village. Data was collected through in-depth interviews and observations. The research results show that premarital guidance plays an important role in building teenagers' marriage readiness. Premarital guidance provides the knowledge and skills that teenagers need to get married, such as understanding marriage, husband-wife relationships, communication, and financial management. Premarital guidance also helps teenagers to prepare themselves physically and mentally for marriage.

### 1. Introduction

Marriage is one of the important events in human life. Marriage is the beginning of family life, which will influence the lives of individuals and society. A happy and harmonious marriage will provide happiness and prosperity for individuals, families, and society. Therefore, marriage readiness is an important thing to pay attention to, especially for teenagers. Teenagers are an age group that is vulnerable to marriage. This is caused by several factors, such as physical and psychological changes, environmental influences, and pressure from the family. The physical and psychological changes that occur in teenagers can make them feel mature and ready to get married. Environmental influences, such as culture and

religion, can also encourage teenagers to marry at a young age. Pressure from the family can also be a factor that encourages teenagers to marry, especially if the family has a tradition of marrying off their children at a young age.<sup>1-3</sup>

Early marriage can have various negative impacts on individuals, families, and society. The negative impacts of early marriage for individuals include lack of physical and mental preparation, where teenagers who marry at a young age are not yet physically and mentally mature enough to face the challenges of marriage; Risk of unwanted pregnancy and childbirth, where teenagers who marry at a young age are more at risk of experiencing unwanted pregnancy and childbirth; Risk of domestic violence, where teenagers

who marry at a young age are more at risk of experiencing domestic violence. Families whose children marry at a young age tend to have low family welfare. Families whose children marry at a young age tend to be more vulnerable to experiencing family instability. Early marriage can cause an increase in poverty rates because young couples who marry at a young age tend to have difficulty meeting their living needs. Early marriage can cause an increase in crime rates because young couples who marry at a young age tend to be more easily influenced by negative environments.<sup>4-6</sup>

Premarital guidance is one effort to increase teenagers' marriage readiness. Premarital guidance is an activity that provides the knowledge and skills that teenagers need to get married. Premarital guidance can provide knowledge and skills to teenagers about various matters related to marriage, such as Understanding marriage, wedding destination, Rights and obligations of husband and wife, challenges and obstacles in marriage, Knowledge of reproductive health, Husband-wife relationship skills, Communication skills; Financial management skills. Premarital counseling can help teenagers have a comprehensive understanding of marriage, build harmonious relationships with their partner, communicate effectively with their partner, and manage family finances well.<sup>7-9</sup> This study aims to analyze the role of premarital guidance in building adolescent marriage readiness in Liunggunung Village, Purwakarta Regency, Indonesia.

## **2. Methods**

This research uses a qualitative approach with a case study method. A qualitative approach is used to understand phenomena in depth and holistically. The case study method is used to study phenomena that occur in a particular case. The research subjects were 10 teenagers who had attended premarital guidance in Liunggunung Village, Purwakarta Regency, Indonesia. Research subjects were selected using purposive sampling, namely based on the following criteria: Having attended premarital guidance in Liunggunung

Village; Aged 18-24 years; Not married yet. Data was collected through in-depth interviews and observations.

In-depth interviews were conducted to gather information from research subjects about their experiences of taking premarital guidance. Observations are carried out to observe the behavior and interactions of research subjects in everyday life. In-depth interviews were conducted using interview guidelines that had been prepared previously. Interviews were conducted face-to-face and lasted 60-90 minutes. Observations were carried out for 3 months, namely from January to March 2023. Observations were carried out in the environment where the research subjects lived, such as home, school, and workplace. Data obtained from in-depth interviews and observations were analyzed qualitatively. Analysis was carried out using thematic analysis techniques. The thematic analysis technique is carried out by identifying themes that emerge from the research data. The validity of the research data was tested using triangulation techniques. Triangulation was carried out by comparing data from various sources, namely in-depth interviews, observation, and documentation.

## **3. Results and Discussion**

The research results show that premarital guidance plays an important role in building teenagers' marriage readiness. Premarital guidance provides the knowledge and skills that teenagers need to get married, such as understanding marriage, husband-wife relationships, communication, and financial management. Premarital guidance also helps teenagers to prepare themselves physically and mentally for marriage. Premarital guidance provides knowledge to teenagers about marriage, such as the meaning of marriage, the purpose of marriage, the rights and obligations of husband and wife, as well as the challenges and obstacles in marriage. This knowledge helps teenagers to have a comprehensive understanding of marriage. Premarital guidance provides skills for teenagers to build harmonious

relationships with their partners. These skills include communication skills, conflict resolution skills, and negotiation skills. These skills help teenagers to build healthy and happy relationships with their partners.<sup>9-11</sup>

Premarital guidance provides teenagers with communication skills, such as active listening, expression, and criticism skills. These skills help teenagers to communicate effectively with their partners. Premarital guidance provides teenagers with financial management skills, such as budget management skills, money-saving skills, and investment skills. This skill helps teenagers to manage family finances well.<sup>12</sup>

The results of this research indicate that premarital guidance plays an important role in building adolescents' marriage readiness. Premarital guidance provides the knowledge and skills teenagers need to get married. The knowledge gained from premarital guidance can help teenagers to have a comprehensive understanding of marriage, such as the meaning of marriage, the purpose of marriage, the rights and obligations of husband and wife, as well as the challenges and obstacles in marriage, understand the roles and responsibilities of husband and wife in marriage; Develop effective communication skills with their partner; Develop healthy conflict resolution skills; Develop family financial management skills.<sup>13,14</sup>

The skills gained from premarital counseling can help young people build harmonious relationships with their partners, manage conflict in marriage healthily, and manage family finances well. Based on the results of this research, it is recommended that premarital guidance be a mandatory program for teenagers who are getting married. Premarital guidance must include material that is relevant to the needs of adolescents and provided by professionals. A study found that teenagers who took premarital counseling had a better understanding of marriage and had a more harmonious relationship with their partners after marriage. A study found that teenagers who took

premarital counseling had better communication and conflict-resolution skills. A study found that teenagers who took premarital guidance had better family financial management skills. The results of this research indicate that premarital guidance is an important effort to increase adolescents' marriage readiness. Premarital guidance can help teenagers to build a happy and eternal family.<sup>15,16</sup>

#### **4. Conclusion**

Premarital guidance plays an important role in building teenagers' marriage readiness. Premarital guidance provides the knowledge and skills teenagers need to get married. The knowledge and skills gained from premarital counseling can help teenagers Have a comprehensive understanding of marriage, build harmonious relationships with their partner, communicate effectively with their partner, and manage family finances well.

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